

****Parent provided breakfast is allowed @ GNB between 6:30 a.m. - 8:00 a.m. only.**

Parent provided breakfast cannot be extended beyond 8:00 a.m. due to program schedules including outdoor play times.

GNB breakfast will be provided between 8:45 a.m. and 9:45 a.m.

Teachers do not have access to the kitchen during breakfast hour - breakfasts must be ready to serve.

To help support you as we transition to parents packing their child's lunch, we formulated a list of suggestions and reminders:

Acceptable Lunch Suggestions

Yogurt

Fruit

Veggies & Dip (Hummus, Ranch)

Cheese & Crackers

Lunchables

Leftovers from Home

Juice Box, Water Bottles, Milk Boxes

Sandwiches/Wraps (Lunchmeat, Tuna, Cheese)

Kraft Easy Mac

Single Serv Chef-Boyardee



Center cooks will be able to refrigerate and heat food as needed for lunch. If your child would like to save their leftovers for afternoon snack, we will provide but will not have access to the kitchen to refrigerate or reheat the items. We suggest having an ice pack in your child's lunch bag for this reason.

Please bring in only what is needed for 1 day. We cannot store large containers of milk, juice, water or foods.

Please be sure all lunch bags and containers are labeled with your child's name.

****NO NUT/PEANUT PRODUCTS ARE ALLOWED TO ENTER GREAT NEW BEGINNINGS AT ANY TIME.**

Additionally, we have partnered with Yumble, (they have offered our families a 30% discount, see attached flyer). We have had many families inquire about ideas for what to provide for their child for lunch, we felt that this might be a viable option for parents.

If you have any questions, please call your center cook, Ms. Carol (Bear) or Ms. Christine (Middletown).